

## North Texas Chapter Calendar of Events

Please visit the North Texas Chapter webpage at [www.pkdcure.org/NorthTexasChapter](http://www.pkdcure.org/NorthTexasChapter) for an more detailed information of all our Chapter meetings and events!

March 2009  
National Kidney Month

March 2-3, 2009  
Champions on the Hill  
Washington, D.C.

March 21, 2009  
Chapter & Support Meeting  
1:00 p.m. to 3:00 p.m.  
Center for Community Cooperation

April 18, 2009  
Driving Home a Cure for PKD  
Golf Tournament  
Bear Creek Golf Club  
Please see our Chapter Webpage for details.

May 16, 2009  
Chapter Meeting  
1:00 p.m. to 3:00 p.m.  
Northeast Branch Library

June 26 - 28, 2009  
National Convention  
Chicago, IL

July 31- August 2, 2009  
National Convention  
San Diego, CA

September 19, 2009  
Walk for PKD  
Southlake Town Square in Southlake

## PKD Foundation

# NORTH TEXAS CHAPTER

SPRING 2009



## This is YOUR Chapter!

The North Texas Chapter is taking great strides in 2009. We want to bring a variety of exciting events, meetings, and educational opportunities to the area. But to do this we need your help! We have a wide assortment of volunteer positions in our Chapter. From helping to lead our education and support efforts, to something as simple as providing refreshments at our meetings – there is something for everyone. Being involved in the Chapter is a great way to support your community, as well as a way to play a big part in the fight against PKD! This is YOUR Chapter and we want everyone to be a part of it.

Contact Betsy Cook, Carolyn Morris or Norm Sereboff at [northtexaschapter@pkdcure.org](mailto:northtexaschapter@pkdcure.org) or 214-300-1296 to find out how you can start making a difference in your Chapter today!

## 2008 by the Numbers

- 1 Educational Seminar
- 4 Chapter Meetings
- 4 Fundraisers
- 1 Walk for PKD
- 930 hours worked by volunteers

More than \$117,000  
Raised for Research and Education

Visit us online at [www.pkdcure.org/NorthTexasChapter](http://www.pkdcure.org/NorthTexasChapter) to see what we plan to do in 2009!



9221 Ward Parkway, Suite 400  
Kansas City, MO 64114

1-800-PKD-CURE  
[www.pkdcure.org](http://www.pkdcure.org)



## Connect With Others at a Chapter Meeting

While PKD effects whole families, sometimes it can leave you feeling all alone – but you are NOT alone. Let us prove that to you at our upcoming Chapter Meetings. Chapter Meetings are a great time to connect with other PKD patients and families, learn about the latest PKD research from a variety of speakers and find out how you can make a difference in the lives of 12.5 million people – and your own family.

The North Texas Chapter holds Saturday meetings quarterly. Please see our calendar of events or visit our chapter webpage at [www.pkdcure.org/NorthTexasChapter](http://www.pkdcure.org/NorthTexasChapter) for more information about our Chapter Meetings. We hope to see you there!

## Donate to the PKD Foundation Just by Grocery Shopping

Link your Kroger Plus Card to the PKD Foundation! You'll have to sign up on their website at [www.kroger.com](http://www.kroger.com). Once you're an on-line user, click on "Kroger Plus" and look for the PKD Foundation as your chosen charity.

### CHAPTER INFORMATION

Chapter Coordinators:  
Betsy Cook,  
Carolyn Morris &  
Norm Sereboff

[NorthTexasChapter@pkdcure.org](mailto:NorthTexasChapter@pkdcure.org)  
[www.pkdcure.org/NorthTexasChapter](http://www.pkdcure.org/NorthTexasChapter)

Link your TOM THUMB Card to the Good Neighbor Program. Our Tom Thumb Charity Number is 6595. Link this number to your Reward Card to earn money for PKD research and education. Ask for the form at the Customer Service desk. Then each time you shop and use your reward card Tom Thumb will donate 1% of your purchase to the PKD Foundation.

## The 2008 Walk for PKD...Much To Be Thankful For



Between September 13th and November 9th, fifty-nine different Walk for PKD events took place in 32 different states. Nationally, the Walk for PKD put nearly \$3 million into the pipeline for critical research funding and for patient education and support. Locally, the North Texas Walk for PKD raised \$105,073 and we were # 5 in the USA in Walk for PKD funds raised. There is much to celebrate and be thankful for.

The positive effects of the Walk for PKD go well beyond walk day. Because of the funds raised through the walk, someone newly diagnosed

will be able to find the PKD Foundation on the web and lessen their fears by arming themselves with information. Because of funds raised through the Walk for PKD, we will continue to lobby on Capitol Hill for issue important to the PKD population. Because of funds raised, in part through the Walk for PKD, clinical trials are taking place and may someday soon lead to a treatment. Because people with PKD need a voice, we walk. A cure for polycystic kidney disease is our finish line, so until there is a treatment and ultimately a cure, we walk.

Mark Your Calendars - the North Texas Walk for PKD is planned for, September 26th at Southlake Town Square in Southlake. You can volunteer to help with the Walk for PKD event and start inviting your friends and family now! Contact Carolyn Morris at 817/488-6650 or 817/454-3184.

### Thank You to the 2008 North Texas "Walk for PKD" Sponsors

#### Diamond – Presenting Sponsor

Watermere at Southlake

#### Gold Sponsor

Nexen

#### Silver Sponsors

- Greater Southlake Women's Society
- Shops of Southlake
- Southlake Newcomers Club
- David Merritt Associates
- Roxann Taylor & Associates, Realtors
- OurGreatCity.com

#### Bronze Sponsors

- Clifton Capital Partners
- Leon & Lisa Scheffler
- Charles & Connie Mady
- Wyndham Properties, Ltd.
- Sullivan Perkins Inc.
- Chick-fil-A
- Marine Quest

#### In-Kind

- OurGreatCity.com
- Southlake Style
- Southlake Journal
- CBS Channel 11
- Central Market
- Carlisle's Engraving
- Adventure Golf Cars
- Three Dog Bakery
- Doody Calls

## How to Register to be an Organ Donor in Texas

\*Donor cards are no longer the way to register to be a donor

\*Talking to family is still a good idea

\*However, the ONLY way to legally and officially register to be a donor is through the state Donor Registry

\*This can be done online at [www.donatelifetexas.org](http://www.donatelifetexas.org) or [www.donevidatexas.org](http://www.donevidatexas.org)

\*This can also be done at your local DPS office

\*This can also be done by paper. If you would like to print and mail an application form to someone, the form can be found at [dotelifetexas.org](http://dotelifetexas.org). You can also refer contact Southwest Transplant Alliance at [www.organ.org](http://www.organ.org) or 800-788-8058.

## National Convention on PKD - More Opportunities For You

In 2009 the PKD Foundation will hold TWO National Conventions on PKD to serve you better. Both conventions will offer the same topics and caliber of speakers so the location choice is up to you. Join us in:

Chicago, IL • June 26 - 28, 2009 • Double Tree Hotel Chicago - Oak Brook

San Diego, CA • July 31st – August 2, 2009 • Sheraton San Diego Hotel & Marina

*"I quickly realized that these strangers all understood and cared about the disease that has harmed my family for generations. That realization led to the joy of making new friends and realizing that my fate is not sealed. Please come and join me at this year's National Convention on PKD, and see that you are also not alone in your battle with PKD."*

- 2008 National Convention on PKD Attendee

For more information about this great opportunity for PKD patients and families visit [www.pkdcure.org](http://www.pkdcure.org).



## Your Advocacy Can Help End PKD

By getting involved, your efforts can make a vital difference in the lives of 600,000 Americans suffering from PKD and millions more in future generations of their families. Need proof? The work of our PKD Champions helped lead to a remarkable victory in 2008—the passage and signing into law of the Genetic Information Non-Discrimination Act (GINA), which Senator Edward Kennedy (D-MA) called "the first major civil rights legislation of the 21st century."

That's amazing progress in a short period of time. Our work, however, is far from over. A lack of adequate federal funding of PKD research threatens the momentum in this field. PKD patients and families still face challenges to a better quality of life, such as inadequate Medicare coverage to pay for expensive anti-rejection drugs after a kidney transplant. PKD costs Americans more than \$2 billion a year in Medicare costs related to dialysis, transplantation and related therapies.

What's the next step? Simple: Get involved. Your advocacy can make all the difference in our mission to find a treatment and cure for PKD. Visit [www.pkdadvocacy.org](http://www.pkdadvocacy.org) to start making a difference!

## National Kidney Month: March, 2009

Every March, PKD families from around the world come together to celebrate National Kidney Month and World Kidney Day (March 12, 2009). Now, you and your family can take part in this exciting opportunity to raise awareness of PKD and the need for additional research funding!

Here are four quick ways to promote National Kidney Month and the PKD Foundation:

- 1) Distribute PKD Foundation posters and/or brochures throughout your community.
- 2) Tell 5 people about PKD and why the PKD Foundation is important to you and your family.
- 3) Sign-up for Action Alerts at [www.pkdadvocacy.org](http://www.pkdadvocacy.org) and call or send a letter to lawmakers.
- 4) Put a link in your email tagline directing people to the PKD Foundation ([www.pkdcure.org](http://www.pkdcure.org)).

There are many more ways to make a difference in March and every month. Contact Betsy Cook, Carolyn Morris or Norm Sereboff at [northtexaschaper@pkdcure.org](mailto:northtexaschaper@pkdcure.org) or 214-300-1296 if you would like to receive PKD Foundation materials and for information on how you get involved in other ways.

**March 21, 2009** - National Kidney Awareness Month educational and support meeting at the Center for Community Cooperation located at 2900 Live Oak - Dallas, Texas 75204 from 1:00 p.m. until 3:00 p.m. Please join us!

## Support Your Chapter

The Philadelphia Chapter wants to raise as much money as possible this year. Please help us kick-start the year with your donation. Every dollar makes a difference in the lives of 12.5 million people with PKD.

I would like to contribute under my name.  I would like to contribute in [Honor/Memory] of

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Please send Acknowledgement to:

City/St/Zip: \_\_\_\_\_

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_

E-mail: \_\_\_\_\_

City/St/Zip: \_\_\_\_\_

Please mail donations to:

PKD Foundation

Attn: Philadelphia Chapter

9221 Ward Parkway, Suite 400

Kansas City, MO 64114

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

If you would like to contribute via credit card please call 1-800-PKD-CURE and mention the Philadelphia Chapter when you make your contribution.